

North Sound Behavioral Health Advisory Board Agenda

May 7, 2024 1:00 p.m. – 3:00 p.m.

Call to Order and Introductions
Revisions to the Agenda
Approval of April Minutes
Federal Block Grant – Lisa Hudspeth, Contracts Manager
Announcements

Vote Snohomish County Candidate - Fred Plappert
 Brief Comments or Questions from the Public
 Executive Committee Report
 Director's Report
 Director's Action Items

Old Business

- Advisory Board Retreat Update

New Business

Review of Advisory Board Policies

Report from Advisory Board Members

Reminder of Next Meeting



North Sound Behavioral Health Advisory Board Minutes

April 2, 2024 1:00 p.m. – 3:00 p.m.

Advisory Board (AB) Members Present in-Person

- o Pat O'Maley Lanphear, Snohomish County
- o Jeannette Anderson, Skagit County
- o Candy Trautman, Island County

AB Members Present via Zoom

- o Kara Allen, Advisory Board Chair, Whatcom
- o Hannah Ordos, Whatcom
- o Rose Dennis, Island
- o Alan Friedlob, Whatcom
- o Lisa Day, Office of Behavioral Health Advocacy
- o Chris Garden, Island
- o Cathie Murphey, Whatcom
- o Gay Lynn Beighton, Snohomish
- o Deanna Randall-Seacrest, Skagit
- o Jana Robison, Snohomish

Guests Present via Zoom

- o Michael O'Brien, Snohomish County Human Resources
- o Kelli Roark, Snohomish (interested in AB membership)
- o Kyle Davies, San Juan (interested in AB membership)

MCO Partners Present via Zoom

- o Savannah Burts, Molina
- o Marci Bloomquist, CHPW

North Sound BH-ASO Staff Present in-Person

- o Margaret Rojas, NS BH-ASO
- o Noel Zak, NS BH-ASO
- o Joanie Wenzl, NS BH-ASO

Call to Order and Introductions

o Kara Allen, AB Chair, called the meeting to order and initiated introductions.

Revisions to the Agenda

o There were no revisions to the agenda.

Approval of March Minutes

o It was noted by Hannah that she was not listed as going to the Behavioral Health Conference in the past minutes. Maria will amend the March AB Minutes.

Pat O'Maley Lanphear moved a motion to approve the March AB amended Minutes, Candy Trautman seconded, all in favor, motion carried.

Announcements

San Juan County Candidate

o Kyle Davies introduced himself and spoke about his interest in being on the NS BH-ASO Advisory Board.

Snohomish County Candidate

o Kelly Roarke introduced herself and spoke about her interest in being part of the NS BH-ASO Advisory Board.

Advisory Board members noted that both candidates would be an asset.

Brief Comments or Questions from the Public

o There were no public comments.

Executive Committee Report

o The chair indicated that there were no expenditures from last month.

A motion was made to move the budget forward to the board of directors, Pat moved the motion, Gay Lynn seconded, all were in favor, motion carried.

Director's Report

Margaret gave the Report from the Executive Director. She answered questions.

The report included the following topics:

- Weekly Crisis Metrics Report
- Senate Bill 6251 and preliminary planning for stakeholder groups
- Preliminary planning for Endorsed MRRCT/CBCT
- Youth Navigator Team
- Update on Managed Care Organizations Negotiation

Margaret also gave an update on House Bill 1541 which was sent out to the Advisory Board Members via email.

Director's Action Items

o Candy Trautman moved that the Board of Directors' motions (Action Items) be forwarded to the Board of Directors for approval, Pat O'Maley Lanphear seconded, all in favor, motion carried.

Old Business

AB Legislative Forum/Ad-Hoc Meeting

The meeting participants are collaborating next week. The information will be brought back to the Advisory Board.

AB Retreat

The Retreat Ad-Hoc Committee has been formed and will be meeting for the first time soon. Tim Corey will be contacted for the June 4th Retreat at the Skagit Casino. Joanie will send him an email and cc Maria and Magaret. Maria will take the lead once she gets back from vacation.

It was noted that the location has been reserved. Maria will send out an invitation to the Advisory Board requesting Retreat Agenda Planning participants. Maria will also set up a date and time for the first meeting. It was also indicated that Rose would like to be part of the committee.

The AB Members discussed agenda topics for the upcoming Retreat.

Topics are below:

- An idea for an icebreaker was suggested by Candy: Possibly share an inspiring book and/or a movie, or piece of information that has helped AB members with individual life situations.
- Learn what the AB does and get to know each member's point of view and where they came from (maybe have them tell their story; if they are willing to share).
- o Possibly share how long they have been on the advisory board and how it affects their families.
- o Social aspect, (work with board members and get acquainted with one another).

- Make the retreat as enjoyable as possible (this is important).
- How could we personalize the ideas and/observations? e.g. the new facility being built north of Stanwood (that Candy sends out information on) ... can someone associate with it?
- Learn what NS BH-ASO AB's mission is.
- Get to know each members' point of view and where they came from (tell their story; if they are willing to share). Possibly how long they have been on the advisory board and how it affects them and their families.
- Speak to the Advisory Board members' experiences and the individual sphere of influence in their lives.
- Possibly some self-care ideas can be shared as well.
- o Diversity, Racial Equity, and Inclusion (DREI) Project; and possibly have an exercise on the topic.
- Where are we (the ASO) with this initiative? ... (continuity and follow up).
 - Where are we with other initiatives that have been introduced and worked on? e.g. Crisis Services System. Possibly the ASO can present some materials as to where the AB needs to go next.
 - Possibly JanRose can speak about this and her ideas on DREI. Candy will speak to Maria and Noel regarding PLFLAG and their participation with the DREI/ASO workgroups.
- o Changes at the governmental level:
 - What has been accomplished?
 - What has been successful?
 - How could the Advisory Board do additional outreach?
- o Learning portion of the Retreat (possibly someone from the University of Washington)
 - Refer to the email that Joanie sent out to the AB on 4/2 that was forwarded from Rose.
 - Possibly recruit Caleb-Banta Green to speak at the Retreat or someone he would recommend.
- o Possibly holding the AB Retreat in the San Juan Islands next year was another suggestion.
- o Any additional ideas are to be sent to Kara.

Maria will copy and paste the ideas above and bring them to the Retreat Planning Meeting.

New Business

PLFLAG (Lynden Jordan) will be asked to present during an upcoming AB meeting as opposed to a presentation during a pre-meeting. Maria will reach out to him and schedule him.

Report from Advisory Board Members

- o Rose spoke to the behavioral health updates from the Governor's Office that were sent out to the Advisory Board earlier today via email.
- o Jeannette spoke about the positive aspects of the Mount Vernon Recovery Café and the and the current classes taking place.
 - Candy spoke about people choosing to help others with the available Peer Counselor resources.
 - Kara added some helpful tips about Peer Counselor training and the overall positive aspects. She said the course was very informational and beneficial; it was held in-person. She also noted that there is no cost for the class.
- o Kara said that the Whatcom Light House Mission is having their 100-year Gala soon.

Reminder of Next Meeting

The next meeting will be May 7th.



Mental Health Block Grant 2024-25

Summary of Changes

Introduction

The below is an overview of the changes for the 2024-25 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Mental Health Block Grant (MHBG) Plan* in comparison to the 2023 – 2024 MHBG Plan. North Sound BH-ASO previously had a total of \$1,186,032 MHBG funds for the 2023 – 2024 plan.

Changes/updates are based upon the following:

• There are no known changes to funding allocations from the previous year at this time (still waiting for final contract from HCA)

Summary of Changes

Category	Subcategory	2024-2025 Allocation	2023-2024 Allocation	Overview			
Engagement Services	Outreach	\$725,000	\$0	 Funding is for co-responder programs in Island, Skagit, Snohomish, and Whatcom Counties No change in funding to programs 			
Community Support (Rehabilitative)	Traditional Healing Services	\$74,850	\$74,850	 No change Services continue to be provided by Family Haven of the Tulalip Tribes 			
Out of Home Residential Services	Crisis Residential/Stabilization	\$311,182	\$311,182	No changesCurrently we have two (2) facilities			
Co-Responder	N/A	\$75,000	\$800,000	 Co-Responder category specifically has \$75,000 Other co-responder funding is now included under Engagement Services - Outreach 			
Total		\$1,186,032	\$1,186,032				



Substance Abuse Block Grant 2024-25

Summary of Changes

Introduction

The below is an overview of the changes for the 2024-25 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Substance Abuse Block Grant (SABG) Plan* in comparison to the 2023 – 2024 SABG Plan. North Sound BH-ASO previously had a total of \$3,053,998 SABGG funds for the 2023 – 2024 plan.

Changes/updates are based upon the following:

- There are no known changes to funding allocations from the previous year at this time (still waiting for final contract from HCA)
- Shifts in category funding are to align with the block grant categories/subcategories and to align with provider budgets

Summary of Changes

Category	Subcategory	2024-2025	2023 –2024	Overview
Prevention & Wellness	Outreach to Individuals Using Intravenous Drugs (IUID)	\$1,157,314	\$816,632	 Increase of \$340,682.00 to align with provider budgets Includes addition of didgwálič Wellness Center
Engagement Services	Engagement & Referral	\$1,121,684	\$668,926	Increase of \$452,758Includes adjustment from Co- Responder category below
Outpatient Services	Medication Assisted (MAT) - Opioid Substitution Treatment	\$150,000	\$200,000	 Decrease of \$50,000 \$50,000 moved to Prevention & Wellness for didgwálič Wellness Center
Community Support (Rehabilitative)	Case Management	\$200,000	\$200,000	No change in amount
Other Support (Habilitative)	PPW Housing Support Services	\$400,000	\$400,000	No change in amount
Out of Home Residential Services	Crisis Services Residential/Stabilization	\$0	\$368,440	Decrease of \$368,440These services are funded by General Funds - State
Co-Responder	N/A	\$25,000	\$400,000	 Adjustment of \$375,000 Co-Responder category specifically has \$25,000 No change to co-responder program funding Other co-responder funding is now included under Engagement Services – Engagement & Referral
Total		\$3,053,998	\$3,053,998	

North Sound Behavioral Health Administrative Services Organization Advisory Board Budget April 2024

		All		Board		Advisory		Stakeholder		Legislative		Community		
		Conferences		Development		Board		Transportation		Session		Projects		
							Expenses							
		Total	Р	roject # 1	P	roject # 2	Р	roject # 3	Pr	oject # 4	P	roject # 5	P	roject # 6
Budget	\$	20,000.00	\$	7,000.00	\$	4,500.00	\$	4,000.00	\$	800.00	\$	3,000.00	\$	700.00
Expense		(417.30)					\$	(417.30)						
Under / (Over)	-								-					
Budget	\$	19,582.70	\$	7,000.00	\$	4,500.00	\$	3,582.70	\$	800.00	\$	3,000.00	\$	700.00
						•		•		(•
	All expen		expenses to	Advisory Board		Costs for Board		Non- Advisory		Shuttle, meals,				
			attend Retreat		Retreat/Summit		Members (meals		Board Members, to		hotel, travel			
			С	onferences			mil	mileage, misc.)		attend meetings				
									and special events					

NORTH SOUND BH-ASO AdBrd Transaction Detail by Account April 2024

	Туре	Date	Num	Name	Memo	Amount	Balance
5643300 ⋅ Advisory Board							
5643331 · Supplies							
	Bill	04/16/2024	March24-4194	US Bank	Panera	142.95	142.95
	Bill	04/16/2024	March24-4194	US Bank	Field of Beans	104.97	247.92
Total 5643331 · Supplies						247.92	247.92
Total 5643300 · Advisory Board						247.92	247.92
Total 56433 · Advisory Board						247.92	247.92
TOTAL						247.92	247.92



Director's Report May 3rd, 2024

Weekly Crisis Metrics Report: See attached.

A&A Residential Program

Met with the Whatcom team to discuss the current status of A&A residential program planning. At this time, meetings occurred with Health Care Authority (HCA) and the Governor's Office to discuss what was discovered so far and identify potential pathways forward. It seems like both offices are open to the idea of a Regional Recommendation (potentially for the legislative session) on how to move forward with a program like A&A. Upcoming meetings are being scheduled with HCA staff who specialize in the Institution for Mental Diseases (IMD) rules to understand potential flexibility on that front as well as

Mental Diseases (IMD) rules to understand potential flexibility on that front as well as Department of Social and Health Services (DSHS) Office of Forensic Mental Health Services and the Behavioral Health Agency for potential subject matter expertise and recommendations. (This issue is connected to the subject matter in the next section as well.)

Potential New Whatcom Facility

The Governor's office has provided funding for an initial planning effort led by DSHS on a new facility model for WA state. Currently, the group conducting the initial planning to put forward a recommendation have indicated there is interest in creating three facilities with the same model in Spokane, Clark, and Whatcom County. If this model moves forward, the recommendation will include multiple types of behavioral health crisis services in one location with a police/emergency responder drop off option. Also under discussion are potential options for competency restoration and transitional housing.

A couple of major themes that were discussed in an initial interview included whether such a facility could be utilized at a regional level (not county specific) and if there are housing options for clients if they were to stay in the facility for 15 to 90 days.

We discussed level-setting on housing opportunities throughout Washington State (not just our region) but also discussed the A&A model we are currently exploring with other state partners. The state teams on this call were extremely interested in how both models may be able to work together and are meeting with us next week to get more information.

I am working with the team of people managing the planning to see if time could be dedicated to meeting with the ASO and Whatcom staff members one time before finalizing their recommendations.



Jail Modernization Taskforce

I have been selected to represent the BHASOs on a Jail Modernization Taskforce which was authorized via legislative proviso to discuss and provide eventual recommendations that address (at least) the following issues:

- (a) Employee retention issues and potential solutions;
- (b) The impact of overtime, jail atmosphere, emergency response time, and inexperienced corrections officers, and how to overcome these challenges;
- (c) The type of facility needed to house those with behavioral health needs and associated costs of these facilities;
- (d) Available diversion programs and their costs;
- (e) Types of existing behavioral health facilities for those involved in the criminal justice system, the costs of building and running these facilities, how these facilities vary by location, the viability of offering facilities in every county, and potential system improvements to the types of services and supports offered and delivered to those with behavioral health needs;
- (f) The types of services and supports provided to those exiting the jail system; and
- (g) What reforms are necessary to create and enhance a seamless transition back to the community following jail confinement.

Individual meetings will occur with Task Force members between now and the middle of the year. Task Force meetings will likely start towards the end of 2024, early 2025, with recommendations potentially due by the end of year 2025.

Team Monitoring

North Sound has started the process of preparing our responses to our annual HCA review. Responses are due to the HCA on June 4th.

For Board of Director's Action:

Department of Commerce (DOC) Community Behavioral Health Rental Assistance (CBRA)

- DOC contacted North Sound BH-ASO on whether our CBRA providers could use additional rental assistance funds in the amount of \$110,000.00. The funds must be expended by June 30, 2024.
- The funding will be held for payment to the CBRA providers who need additional one-time rental assistance funding prior to June 30, 2024.

Motion #XX-XX

DOC-NS BH ASO-24-16409-002 Amendment A to provide additional funding for rental assistance in the North Sound Regional Service Area. The term of this contract expires on June 30, 2024.

For Board of Director's Introduction:

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2024, through December 31, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority (HCA)

- HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant funds for the period of July 1, 2024, through June 30, 2025, and for ARPA funds utilization through September 30, 2025.
 - o GF-S funding is stable from the previous contract period.
 - Youth Behavioral Health Navigator Program is added in the amount of \$\frac{\\$}{\}\$ with program implementation in 2025.
 - o 6-month allocation \$
 - o SABG 12-month allocation \$
 - o MHBG 12-month allocation \$
 - ARPA (7/1/23-9/30/25) allocation \$

HCA-NS BH-ASO-K-6897-03 providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2024, through December 31, 2024, and Federal Block Grant Funding for the period of July 1, 2024, through June 30, 2025, and ARPA through September 30, 2025.

HCA - Housing and Recovery through Peer Services (HARPS)

• K-6914 Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$707,380.00.

Motion #XX-XX

HCA-NS BH ASO-K-6914-01 providing HARPS funding for the period of July 1, 2024, through June 30, 2025.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
 - Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
 - Program for Assertive Community Treatment (PACT) services and continuing the reserve funds in the amount of \$20,900.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - 6-month allocation \$20,900.00
- Snohomish County
 - o Mobile Crisis Outreach, ITA services
 - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation \$315,938.56
- Volunteers of America
 - o Toll Free Crisis Hotline
 - Crisis Follow-up Services
 - 6-month allocation \$33,333
- Telecare
 - Evaluation and Treatment Services
 - E&T Discharge Planners
 - 6-month allocation \$43,368
- Lifeline Connections
 - PACT services and continuing the reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
 - o HARPS team and Skagit & Whatcom rental subsidies

- 12-month allocation \$681,380
- Snohomish County Superior Court
 - o Juvenile Treatment Services
 - AOT /Recovery Support Court Coordinator (new service)
 - 6-month allocation \$56,720
- Island County
 - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation \$60,875.70
- San Juan County
 - o Proviso Funding-, Designated Cannabis Account
 - 6-month allocation \$35,489.00
- Skagit County
 - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood
 Funds
 - 6-month allocation \$111,015.70
- Whatcom County
 - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation \$104,295.10

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - o Pregnant and Parenting Women (PPW) Housing Support Services
 - 6-month allocation \$76,260.00
- Evergreen Recovery Centers
 - o PPW Housing Support Services
 - 6-month allocation \$129,750.00
- Catholic Community Services
 - o PPW Housing Support Services
 - 6-month allocation \$75,000.00
- Compass Health
 - San Juan HARPS subsidies
 - o Certified Peers on Mobile Crisis Teams
 - 6-month allocation \$42,222.00
- didgwálič Wellness Center
 - o Opiate Outreach
 - 6-month allocation \$25,000
- Island County
 - o Opiate Outreach, HARPS subsidies
 - 6-month allocation \$158,561.00
- Community Action of Skagit County
 - o Opiate Outreach
 - 6-month allocation \$123,043.00
- Snohomish County
 - Opiate Outreach
 - 6-month allocation \$77,500.00
- Whatcom County

- Opiate Outreach
 - 6-month allocation \$203,114.00
- Lifeline Connections
 - o Peer Pathfinder Transition from Incarceration
 - 12-month allocation \$71,020
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds
 - 6-month allocation \$138,526

NS BH-ASO-Brigid Collins-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO- DIDG^wÁLIČ WELLNESS CENTER-ICN-24 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- City of Mount Vernon
 - o Co-Responder project
 - 12-month allocation \$260,000
- Compass Health
 - SUD outpatient services in San Juan County (FFS)
 - Whatcom County Triage
 - 6-month allocation \$500,000
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation \$451,497
- Evergreen Recovery Centers
 - Withdrawal Management Services (FFS)
 - o Mental Health Infant Specialist
 - 6- month allocation \$50,000
 - o Homeless Outreach and Stabilization Team (HOST)
 - 12-month allocation \$1,239,966
- Island County
 - Co-Responder project
 - 6-month allocation \$151,500.00
- Lake Whatcom Center
 - PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Mental Health outpatient services (FFS)
 - Substance Use outpatient services (FFS)
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - 6-month allocation \$550,000
- Snohomish County
 - Co-Responder project
 - 6-month allocation \$60,446.00
- Whatcom County
 - o Co-responder project
 - 6-month allocation \$216,379.00

NS BH-ASO-City of Mount Vernon-ICN-22 Amendment 3 to provide funding to continue co-responder services in the city of Mount Vernon. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 5 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 4 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Recovery Navigator Program (RNP)

- The RNP program is receiving their annual allocation in the following amounts:
 - o Island County 12-month allocation \$528,855.00
 - San Juan County (Compass Health) 12-month allocation \$528,855.00
 - Skagit County (Community Action of Skagit County) 12-month allocation \$528,855.00
 - o Snohomish County 12-month allocation \$645,000.00
 - o Whatcom County –12-month allocation \$512,455.000

- The RNP reserve funding will be renewed every 12 months until it is spent down, to date we
 have approximately \$3,000,000 in reserves. The providers have requested a total of
 \$2,915,000.00.
 - o Island County 12-month allocation \$232,500
 - San Juan County (Compass Health) 12-month allocation \$375,000
 - Skagit County (Community Action of Skagit County) 12-month allocation \$110,000.00
 - o Snohomish County Total Request 12-month allocation \$223,500
 - o Whatcom County Total Request 12-month allocation \$204,000

North Sound BH-ASO-Island County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 2 for the provision of RNP services and adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment for the provision of RNP services and adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Department of Commerce - Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA)
 for individuals exiting inpatient/residential services and in need of housing, the funding can be
 used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor's Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.

- Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance and case management services in Snohomish County.
 - 12-month allocation \$636,745.00.
- Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance and case management and Snohomish County.
 - 12-month allocation \$867,962.00.
- Lifeline Connections provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance case management services in Skagit and Whatcom County.
 - 12-month allocation \$484,707.00.
- Lake Whatcom Center provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance and case management services in Whatcom County.
 - 12-month allocation \$384,724.00.
- Pioneer Human Services provides CBRA & Proviso 86 rental assistance and case management services in Island County.
 - 12-month allocation \$323,117.00.

NS BH-ASO-Bridgeways-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 for the provision of CBRA rental assistance and program expenses in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 2 for the provision of CBRA rental assistance and program expenses in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

Proviso/ARPA Funds

- North Sound is exploring usage of 30% Proviso funds and American Rescue Plan Act (ARPA) funds. We are in discussion with the counties on where we can partner with one-time costs, we intend to have contracts ready for approval at the June meeting. Finalized motions will be sent to the BOD prior to the June meeting for review. The timeline for the initial use of proviso funds is short, as we must report to the legislature & HCA at the end of the calendar year.
- All counties have been asked to create a list of items that could be funded.